

# The Grapevine



It's Easter time, usually a time of celebration but this year things are very different. We have more information about the Coronavirus later in The Grapevine and Simon Kearsley has kindly set up a new section on [hankertonvillage.com](http://hankertonvillage.com) with all the latest news and information. It can be accessed from the home page or directly from this URL : <https://hankertonvillage.com/covid-19/>

To get alerts from the site when something new is added then you need to 'follow' it. From the [home page](#) (or any page) just click on the "Follow" link on the right hand side and then check your inbox and confirm (NB Check your "junk" folder too). This will ensure that you get all the very latest and up-to-date news that is relevant to Hankerton.

It is probable that many of us may have to self-isolate in the coming weeks and months and the website has a list of people who are willing to help, getting shopping, picking up prescriptions etc. We have also printed a list of names here but do keep checking the website as things will keep changing. We know that Hankerton is a caring village and we will pull together to help everyone get through this as best we all can.

Please note – we are printing this Grapevine in Black and White but it is available in full colour on the website.

In the meantime, just because it IS Easter and we don't need much of an excuse, here are some terrible Easter Jokes to enjoy!

How does the Easter Bunny Stay fit? EGG-xercise and HARE-robics!

How do you catch the Easter Bunny? Hide in the bushes and make a noise like a carrot!

What do you call a line of rabbits walking backwards? A receding hareline!

What do you call rabbits that live in the North Pole? Cold!

Why did the Easter Bunny have to fire the Duck? He kept quacking the eggs.

Have a Happy Easter and stay safe.



**Deadline for news for the June newsletter: May 10<sup>th</sup> 2020.** The size and content of The Grapevine depends on the amount of copy we receive from individuals and groups, so please keep the news and events coming in!

All articles, adverts to be sent to: [grapevinesn16@aol.com](mailto:grapevinesn16@aol.com)

Or to 21 Follyfield, Hankerton. SN16 9LA

The opinions expressed are the responsibility of the authors.

We reserve the right to edit material.

The Grapevine is also published on-line - check out the Hankerton web-site: [hankertonvillage.com](http://hankertonvillage.com)

Thank you to all our advertisers for advertising with us - it helps the village to continue to have a newsletter. Thank you also to the Parish Council for continuing to support the Grapevine.

Please mention to advertisers that you saw their advert here first. Advertising space is sold in good faith and does not imply endorsement of the services offered.

## Corona Virus (COVID-19)

The symptoms of coronavirus are:

- a new continuous cough
- a high temperature
- shortness of breath

The NHS has some simple advice to avoid catching or spreading COVID-19:



- Stay at home advice – [www.nhs.uk/conditions/coronavirus-covid-19/selfisolation-advice](https://www.nhs.uk/conditions/coronavirus-covid-19/selfisolation-advice)
- Wash your hands with soap and warm water often – do this for at least 20 seconds
- Always wash your hands when you get home or into work
- Use hand sanitiser gel if soap and water are not available
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze, bin the tissue straight away and wash your hands afterwards
- Try to avoid close contact with people who are unwell

### Coronavirus: COVID 19 – Don't Panic!

It's in times of emergency that a community comes together to help each other.

Advice is being given nationally and it is changing daily in response to the situation. At all times respond to this, but maybe a few ideas on what can be done locally:

- If you are in **isolation** please keep in touch with someone who is able to look out for you, a relative, friend or neighbour. Maybe there is a Link Scheme or Pastoral group who can help, check the magazines for details in your area. If you really have no one to talk to, call me. I shall respond to urgent calls as quickly as I can.
- **Food.** Again, keep in touch with someone. At present the main supermarkets are aiming to continue to offer home delivery so try on-line shopping. If you don't "do" on line, maybe a neighbour or friend can help? Many local village shops are also offering home delivery, just give them a call to ask.
- **Medicines.** As I write, **Boots** are now offering free delivery of medication to anyone who is self-isolating. Simply call your usual branch to request the supplies you need.
- **General.** Many clubs and activities are likely to be closed by the time you read this and maybe people will be working from home to avoid spreading the virus. This can lead to feelings of loneliness, perhaps more so in these anxious times. Consider phoning a neighbour or friend to have a chat. For many living alone, it could be the only human contact they have that day.

Please keep up to date with national guidelines, this is only guidance as at time of writing – 16<sup>th</sup> March 2020

**Remember, you are not alone, help is around, simply ask!**

**Ellen Blacker: 07557 922020**

## Coronavirus – Volunteers who have offered to help

If you are stuck at home, whether you are ill or just self-isolating, the following lovely people will be happy to help if you need anything – just give them a call (unless you need toilet paper!) .

	PHONE	EMAIL
<b>NURSING CARE</b>		
SARAH GERALD	01666 577351	<a href="mailto:sarah.gerald@btinternet.com">sarah.gerald@btinternet.com</a>
<b>DIY / HOME ISSUES</b>		
JON CHRISTENSEN	07976 279016	<a href="mailto:17follyfield@outlook.com">17follyfield@outlook.com</a>
<b>IT ISSUES</b>		
GEOFF PRESTON	07785 106035	<a href="mailto:geoff@geoff-preston.com">geoff@geoff-preston.com</a>
<b>MEAL DELIVERY</b>		
SUE & ANDY WARING	07775 791394 / 01666 824379	<a href="mailto:susanwaring@hotmail.co.uk">susanwaring@hotmail.co.uk</a>
<b>DOG WALKING</b>		
JANE MOULDER	07796 273743	
MIKE & HEATHER GOODWIN	01666 577403	<a href="mailto:goodwinhm@aol.com">goodwinhm@aol.com</a>
SUE & ANDY WARING	07766 827023 / 01666 824379	<a href="mailto:susanwaring@hotmail.co.uk">susanwaring@hotmail.co.uk</a>
<b>ERRANDS, SHOPPING, ETC.</b>		
ALEX & ROBIN TJOLLE	07958 353839/07801 891429	<a href="mailto:robintjolle@aol.com">robintjolle@aol.com</a>
MARY AND PAUL O'BRIEN	01666 577394	
EMMA WATTS		<a href="mailto:earth2emma@live.com">earth2emma@live.com</a>
ELLEN LAMBERT-JONES		<a href="mailto:ellenlj@live.co.uk">ellenlj@live.co.uk</a>
ELIZABETH LANDON	07793 1222200	
ANNE & MIKE GOODYER	01666 577385	<a href="mailto:annegoodyer@gmail.com">annegoodyer@gmail.com</a>
AMY WHITING	07707 296029	
CAROLYN DOW	07831 669512 / 07973 769313	<a href="mailto:allisterdow@hotmail.com">allisterdow@hotmail.com</a>
RUPERT MOORLEY	07721 766744	
TOBY WILLIAMSON	07899 866805	
TERRY & EMILY GORMAN	07946 370970 / 07985 011616	<a href="mailto:terrygorman61@gmail.com">terrygorman61@gmail.com</a>
DAN LYDIATE	07722 465612	<a href="mailto:danlydiate@gmail.com">danlydiate@gmail.com</a>
MIKE & HEATHER GOODWIN	01666 577403	<a href="mailto:goodwinhm@aol.com">goodwinhm@aol.com</a>

Please Note – If you are picking up a prescription for someone (although Boots will deliver), the pharmacies in Malmesbury are requesting that you bring some form of identification with you including a signed note from the patient.



## **Nature Diary – April 2020.**

After what has been a wet, windy and generally dull winter we should by now be convinced that Spring has arrived, and the arrival of a little bird helps to confirm that feeling. The Chiffchaff (*Phylloscopus collybita*), a member of the Warbler family, will have travelled back from spending winter in the warmer climes of southern Europe and northern Africa, and is amongst the earliest of returning migrants.

Its characteristic call is soon heard clearly from the tops of trees and tall hedges, as the male tries to attract returning females to his patch. The onomatopoeic song, (if that is what you can call the two note lyric *chiff-chaff*), is constantly repeated, in between snaffling a bite to eat from the foliage, for it is almost exclusively an insect eater. If you spend a prolonged period of time in a woodland, this repetition can get a bit monotonous, and some may say, irritating – but I couldn't possibly comment. At least such a distinctive song makes for an easy identification of what is a small and unremarkable looking bird. Only 10-11 cm long, (a House Sparrow is 14-15 cm long) it is slim with a pointed beak, and coloured a dull olive green above with pale underparts. There is the hint of a pale stripe above the eye, but despite it being quite a trusting bird, such a small detail may not be obvious to the observer.

The Chiffchaff's close relative, the Willow Warbler (*Phylloscopus trochilus*), looks much the same, supposedly with subtle body shape differences, and brown as opposed to dark legs – not easy to see when watching a small bird flit quickly through the leaves at the top of a hedge! However, the Willow Warbler does have what truly qualifies as a song, a lyrical phrase that descends slowly down the musical scale. So as long as they are singing, it is very easy to distinguish a Chiffchaff from a Willow Warbler.

Having attracted a mate, the next thing is starting a family. They build a nest of woven grass and leaves with a side entrance, on or just off the ground, in the base of a bush or thick vegetation. Six or seven eggs are laid, pale coloured with fine grey mottling, and are incubated almost entirely by the female who also does most of the feeding! The young leave the nest at about 14 days old.

Unusually, the male can be heard singing through much of the summer and often up to the time of their departure in autumn (well he didn't exactly exhaust himself raising the family, did he?), and they are one of the latest migrants to leave. In fact, some Chiffchaffs now overwinter in the south of the UK, reflecting our now milder winters.

Chiffchaffs are quite common, so you should be able to hear them easily enough in Hankerton, and do raise your cap in salute to the efforts of a very small bird that is one of our harbingers of Spring.

Steve Davies.

### **Ideas to keep local businesses going**

In these difficult times it will be hard for many local businesses to keep afloat. Many of them are adapting to try and get through the months ahead. Two that we've heard about at The Grapevine are The Wheatsheaf and the Potting Shed in Crudwell.

Although closed to drinkers and diners on-site, both pubs are doing a limited Takeaway Service – see the advert on the back page of The Grapevine for the Wheatsheaf's current menu or visit their Facebook Page for up-to-date details. We at the Grapevine have sampled their Takeaway Cod and chips and it was superb. They will bring the food out to the car so you don't actually have to go into the pub.

The Potting Shed are offering delicious dishes such as Coq-au-vin and Pie of the Day. See their website for further details.

We're sure that there will be many other local companies following in these footsteps in the coming months. Why not use them once a week? This will help to keep these wonderful local businesses going, save us from cooking AND eek out our valuable provisions for a bit longer.

Winner Winner chicken dinner. Or cod.



## A Note from Revd Tonya

Hello Friends,

You will have probably learned by now that all Church Services throughout England are paused with immediate effect.

To help us during this challenging time, I've a 'Braydon Brook Worship Pamphlet'. Within it you'll find a short service, with suggested Bible readings and prayers, which you might find useful to use.

Every Sunday at 10am and three times a week, I'll be in All Saints Church, Crudwell, using either this pamphlet or something similar and saying prayers on behalf of this Benefice.

Should you have any prayer requests, please email or ring me with them.

Know that each of you are held in my prayers during this challenging time.

*'I lift up my eyes to the hills, from whence comes my help? My help is in the name of the Lord who has made heaven and earth'*

Every blessing

Revd Tonya

<p><b>PLEASE NOTE – HANKERTON CHURCH IS CLOSED AND SATURDAY MORNING COFFEES ARE SUSPENDED UNTIL FURTHER NOTICE</b></p>
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### COMFORT THROUGH CHRIST

Dear Lord, please bring Your peace to those of us in pain - Whether in body, mind or spirit, help us to feel well again

It's a comfort that we who have faith in You - Can face whatever ails us, knowing You are with us too  
Believing that we are not alone when we call to You in prayer; You keep us strong - You bring us Light  
instead of darkness, our consolation that it is to You whom we belong

This understanding brightens a day dulled with suffering and pain

Though we recall to mind the agony of Your Son when He saved us yet again

Think on these things when next you groan and say you ache - Because of us, Lord; Your caring heart did break

When You gave to us Your only glorious Son - And then He died to save us, everyone

Concentrate on God and think on what little we have to offer - However bad our pain, imagine how much His Son did suffer

He died in the most awful way to take our sins upon Himself with not a murmur or a moan - Gain strength from this, hold on to Christ when the days are long and you feel so alone

And since He rose on that third day, you know there is no need to fear For He is beside You always, feel His arms are around you, right here

So offer to Your Lord, your body, your spirit, your mind – Help others through their pain, and show them how to seek Him out, for He is kind

Tell them how He comforts us, right now and how He helps us to endure We learn from this ourselves, gain strength and then help others to be sure

Thank Him when He offers us relief, though it may not mean that pain will disappear – But that He will always love us, help us cope with any fear

For comfort means receiving strength, support and hope - These aid us in our adversity and prayer also helps us cope

Let God shower you with encouragement and love as you speak with Him this way – Gain comfort through Christ if you are feeling overwhelmed today.

04.06.00

(2 Corinthians 1:5)

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### MPCC - Surgery update – Shayne Smith

Following the government's recognition of the strain and pressures GP's and their surgeries are under extra funding has been provided. As such, at Malmesbury Primary Care Centre (MPCC) there have been some positive changes to the clinical team, such as:

- An 'in-house' pharmacist offering valuable help in relation to prescribing prescriptions and over the counter medicines.
- A specialist practitioner (paramedic with 20 years experience) who is currently doing about half of the requested home visits.
- A physiotherapist starting in May/June 2020. Initially seeing patients referred from a GP and then filtering in patients who feel they could benefit from treatment.
- A social prescriber who helps patients struggling with lifestyle issues. The ideal being to help patients over a period of time to manage their lifestyle easier. Currently, the post is shared across the primary care network (6 practises) and MPCC benefits from about a quarter of her time.
- Improved and increased staff training is planned to help receptionists direct the patient to the right person.

Overall these changes have helped to free up some of the GP's time thus enabling them to prioritise other work streams.

Some patients may have experienced issues with the service provided by Boots the chemist (surgery location only) regarding queue lengths and availability of medicines and drugs. Whilst the issues have been raised with Boots the matter remains unresolved. Patients are reminded they have the option to 'vote with their feet' and ask for their prescription/s to be sent to another pharmacist. The surgery can send your prescription electronically or there is a regular collection throughout the day by each of the other chemists in Malmesbury.



Lifestyle Health  
& Beauty

Welcome to **Lifestyle Health and Beauty**. We are a hair and beauty salon based in the heart of Hankerton with plenty of free onsite parking.

Our fully qualified therapists welcomed hairdressing to the business in 2015, which now includes women's and men's hair services. We also offer vouchers which can be redeemed against beauty or hairdressing services; these can make a great gift for that special someone in your life.

Our opening hours are:

Monday 9am - 3pm,

Tuesday 9am – Late,

Wednesday 9am – Late,

Thursday 9am – Late,

Friday 9am – Late,

Saturday variable hours.

Regular offers can be found on our website:

[info@lifestylehealthandbeauty.co.uk](mailto:info@lifestylehealthandbeauty.co.uk)

So why struggle with town parking and give us a call on **01666 577636** and book an appointment today.

## Hankerton History Group

The AGM in March 31st 2020 has been postponed. We will let people know when a new date is organised.

VE DAY May 8th 2020

The History Group is postponing the planned exhibition due to be held over this Bank Holiday weekend.

We hope to commemorate Victory in Europe Day later in the year so there is now even more time for you to look out family photos, memorabilia and write about war time experiences.

Further details from Susan 577526

### Road Sense



**(Not actual photo of Hankerton!)**

When walking or driving along local lanes without a footpath or wide verge, I notice that many walkers and joggers walk/jog on the left with approaching traffic behind them, on the questionable assumption that drivers will see and avoid them. If drivers are going too fast, are distracted, inattentive or peering through a smeary windscreen into a low sun, the pedestrian is vulnerable and oblivious to any danger. Joggers 'wired for sound' wearing ear buds or earphones make themselves at additional risk, as do those who cannot resist looking at their phones while on the move.

A pedestrian facing the traffic can at least take evasive action if an approaching vehicle appears to be a threat to their safety.

David Pynn





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**Malmesbury**

**01666 823165**

The  
*Wheatsheaf*  
Freehouse

-Crudwell-

### Temporary Take away service

From 23<sup>rd</sup> March and all of April 2020 we will be offering a limited take away service for food only.

Please ring 01666 577739 or

Email [tobygregory@aol.com](mailto:tobygregory@aol.com)

Available on :

Mondays, Wednesdays, Fridays and Saturdays

5.30pm until 7.30pm

### Menu choices:

Beer battered cod and chips

Chicken Curry with rice

Beef lasagne with chips

Vegetarian option available

£8.00 Cash or card payments

Menu may vary depending on availability of ingredients



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